


Weekly Activities

MONDAYS	7:30 & 8:30 am Walking (Meet by CH) 10-11:30 am Blood Pressure Check (RS) 10:00 am-Noon Literary Club (AS) 11 am-Noon Gentle Yoga (CH) 12:30 pm Intermediate Mah Jongg (LSL) 12:30-1:30 pm Water Aerobics (Pool) 1:30 pm Scrabble Club (LR)
TUESDAYS	9:00 am Tai Chi (CH) 10:00 am Needle Crafters (AS) 11:00 am-Noon FiftyPlus Fitness (CH) 1-2:00 pm Fall Prevention Class (CH) 2-4:00 pm Poker (BR) 1:30 pm Hand and Foot Card Game LR) 2-3:00 pm God's Word for Today (WDR) 2:15 pm Parkinson's Exercise Class (CH)
WEDNESDAYS	7:30 & 8:30 am Walking (Meet by CH) 9:30 am Golf (Meet at Golf Course) 10-11:30 am Blood Pressure Check (RS) 11 am-Noon Gentle Yoga (CH) 11 am-Noon UV Bible Study (LR) Noon Duplicate Bridge Lesson (LR) 12:30 pm Duplicate Bridge (LR) 12:30-1:30 pm Water Aerobics (Pool) 1-4:00 pm Pan Club at Poker Table (BR) 7-9:00 pm Rummikub/Rummy Tile (LR)
THURSDAYS	11:00 am-Noon FiftyPlus Fitness (CH) 1-2:00 pm Fall Prevention Class (CH) 1:00 pm Mah Jongg: Experienced (MCT) 2:00 pm Bible Study (LSL) 2:15 pm Parkinson's Exercise Class (CH) 4:00 pm Beginners French Class (LSL)
FRIDAYS	7:30 & 8:30 am Walking (Meet by CH) 10-11:30 am Blood Pressure Check (RS) 11:00 am Coming to Terms with Change (OV) 12:30-1:30 pm Water Aerobics (Pool) 1:00 pm Advanced French Class (LSL)
SAT.	7:30 am Hiking Club (Meet at Reception) 9:00 am Tai Chi (CH)
SUN.	2:00 pm Social Bridge (LR)

September 2010: Monthly Activities and Special Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
UV Room Locations AS-Art Studio BC-Business Center BD-Board Room BR-Balboa Room BW-Bordeaux Wine Room	CH-Catalina Hall CY-Courtyard FC-Fitness Center LR-Laguna Room LSL-Lakeside Lounge (LV 2nd Floor) MCT-Mt. Clef Terrace	MD-Montecito Dining Room OV-OakView PC-Pacific Clubhouse RS-Resident Services SBL-Santa Barbara Lounge (MV 2nd Floor)	1 10:00 am Men's Current Events Club (WDR) 3:00 pm Presentation: From Ranches to Residences (CH)	2 2:00 pm Budget & Finance Committee (BD) 10:15am Excursion: Museum of Ventura County	3 10:00 am Art History Class (CH) 10:00 am-Noon and 1-3 pm Villa Golf Cart Day (Facilities) 1:00 pm Book Club (LR) 2:00 pm Activities Committee (WDR) 7:30 pm Movie Night: Immortal Beloved	4 11:00 am Craft Workshop Excursion: Muvico Movie Theater
5 2:30 pm Movie Matinee: The Terminal (CH)	6 LABOR DAY 11:00-4:00 pm—Labor Day Buffet (Patio) 3:00 pm– 5:00pm—Concert: Gerry Rothschild Band	7 10:00 am Food & Beverage Committee (WDR) 1:30 pm Resident Council (LR) 2:30 pm Excursion Club (BD) 2:30 pm OLLI Class (CH)	8 3:00 pm Storytelling: Jim Woodard (CH)	9 Rosh Hashanah 5:00 pm Rash Hashanah Dinner (CH)	10 10:00 am Photo Club (CH) 2:00 pm Town Hall (CH) 7:30 pm Movie Night: Like Water for Chocolate (CH)	11 9:30 am Open Art Studio (AS) 3:00 pm Concert: Big Daddy and the Fiddlers 3 (CH)
Grandparent's Day 12 2:30 pm Movie Matinee: God Grew Tired of Us (CH) 1:15pm Excursion: Curtains—Simi Valley Cultural Arts Center	13 9:00 am Men's Club (CH) 10:30 am Investment Club (LR)	14 10:00 am Hospitality Committee (BD) 2:30 pm OLLI Class (CH)	15 9:00 am Excursion Sign Up (Activities Desk) 10:00 am Men's Current Events Club (WDR) 3:00 pm September Birthday Party (CH)	16 	17 10:00 am Art History Class (CH) 1:30pm Beginner Art (AS) 7:30 pm Movie Night: Pride and Prejudice (CH)	Yom Kippur 18 1:00 pm Dr. Markham: Fitness Class Review 5:30-7:30 pm Yom Kippur Break-Fast (LR)
19 9:30am Excursion: Concourse d'Elegance 2:30 pm Movie Matinee: Coal Miners Daughter (CH)	20 Active Aging Week 1:30 pm Health and Wellness Committee (WDR)	21 Active Aging Week 9:30 am Bereavement Committee (LR) 10:00 am Safety, Security and Transportation (BD) 2:30 pm OLLI Class (CH) 2:30 pm Team Trivia (MD) 5:15pm Excursion: Ben Stein	22 Active Aging Week 	First Day of Autumn 23 Active Aging Week 10:00 am Men's Non-Fiction Book Club (BD)	24 Active Aging Week 10:00 am-Noon and 1-3 pm Non-Villa Golf Cart Day (Facilities) 1:30 pm Beginner Art (AS) 7:30 pm Movie Night: Mrs. Miniver(CH)	25 11:15 am Women's Club Fashion Show (CH) 1:15pm Excursion: Medieval Times
26 2:30 pm Movie Matinee: The Color Purple (CH)	27 9:00 am Men's Club (CH) 3:00 pm Art Guild (CH)	28 10:00 am Building Representatives (LR) 10:30am Excursion: James Wilson 2:30 pm Art Coordinators (AS) 2:30 pm OLLI Class (CH)	29 2:00 pm New Resident Orientation BD	30 	More Room Locations SHR-Sherwood Lounge (LV 3rd Floor) SRL-Santa Rosa Lounge (GV 2nd Floor) TC - Tennis Court WDR - Westlake Dining Room	